

Section 3: V6 / NCS Forms**Physical Activity Form: FORM CODE=PAC VERSION=0100****Instructions:** This form records the participant's physical activity.

<i>Vers</i>		<i>Vers</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3743	0100	

<i>EventName</i>		<i>EventName</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3743	V6 / NCS	

<i>Occurrence</i>		<i>Occurrence</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3743	1	

<i>PAC0a</i>		<i>Completion date</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3508	Range	06/13/2016 - 12/28/2017
235		Missing

<i>PAC0b</i>		<i>Staff ID</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3491	Present	Text suppressed
252		Missing

<i>PAC1</i>		<i>PPT exercises or plays sports #1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1205	N	No
2318	Y	Yes
220		Missing

<i>PAC2</i>		<i>Sport or exercise #1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2297	Range	2 - 499 (median=412 mean=315.6 std=156.7)
1206	.S	Legitimately skipped
240		Missing

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PAC3		Hours per week of activity #1
N	Value	Description
131	A	A=Less than 1
467	B	B=At least 1 but not quite 2
495	C	C=At least 2 but not quite 3
433	D	D=At least 3 but not quite 4
792	E	E=4 or more
1206	~	Legitimately skipped
219		Missing

PAC4		Months of activity #1 per year
N	Value	Description
17	A	A=Less than 1
116	B	B=At least 1 but not quite 4
294	C	C=At least 4 but not quite 7
348	D	D=At least 7 but not quite 10
1543	E	E=10 or more
1206	~	Legitimately skipped
219		Missing

PAC5		PPT exercises or plays sports #2
N	Value	Description
886	N	No
1421	Y	Yes
1206	~	Legitimately skipped
230		Missing

PAC6		Sport or exercise #2
N	Value	Description
1410	Range	2 - 499 (median=350 mean=286.3 std=156.9)
2103	.S	Legitimately skipped
230		Missing

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<i>PAC7</i>		<i>Hours per week of activity #2</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
165	A	A=Less than 1
411	B	B=At least 1 but not quite 2
331	C	C=At least 2 but not quite 3
170	D	D=At least 3 but not quite 4
344	E	E=4 or more
2103	~	Legitimately skipped
219		Missing

<i>PAC8</i>		<i>Months of activity #2 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
14	A	A=Less than 1
122	B	B=At least 1 but not quite 4
315	C	C=At least 4 but not quite 7
212	D	D=At least 7 but not quite 10
757	E	E=10 or more
2103	~	Legitimately skipped
220		Missing

<i>PAC9</i>		<i>PPT exercises or plays sports #3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
737	N	No
673	Y	Yes
2103	~	Legitimately skipped
230		Missing

<i>PAC10</i>		<i>Sport or exercise #3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
670	Range	1 - 499 (median=249 mean=263.6 std=155.6)
2851	.S	Legitimately skipped
222		Missing

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PAC11		Hours per week of activity #3
N	Value	Description
90	A	A=Less than 1
201	B	B=At least 1 but not quite 2
153	C	C=At least 2 but not quite 3
79	D	D=At least 3 but not quite 4
149	E	E=4 or more
2851	~	Legitimately skipped
220		Missing

PAC12		Months of activity #3 per year
N	Value	Description
10	A	A=Less than 1
77	B	B=At least 1 but not quite 4
165	C	C=At least 4 but not quite 7
112	D	D=At least 7 but not quite 10
305	E	E=10 or more
2851	~	Legitimately skipped
223		Missing

PAC13		PPT exercises or plays sports #4
N	Value	Description
452	N	No
214	Y	Yes
2851	~	Legitimately skipped
226		Missing

PAC14		Sport or exercise #4
N	Value	Description
211	Range	2 - 499 (median=244 mean=247.0 std=147.9)
3310	.S	Legitimately skipped
222		Missing

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PAC15		Hours per week of activity #4
N	Value	Description
26	A	A=Less than 1
63	B	B=At least 1 but not quite 2
45	C	C=At least 2 but not quite 3
24	D	D=At least 3 but not quite 4
55	E	E=4 or more
3310	~	Legitimately skipped
220		Missing

PAC16		Months of activity #4 per year
N	Value	Description
5	A	A=Less than 1
28	B	B=At least 1 but not quite 4
68	C	C=At least 4 but not quite 7
29	D	D=At least 7 but not quite 10
83	E	E=10 or more
3310	~	Legitimately skipped
220		Missing

PAC17		PPT exercises or plays sports #5
N	Value	Description
138	N	No
72	Y	Yes
3310	~	Legitimately skipped
223		Missing

PAC18		Exercise or play sports in leisure time
N	Value	Description
1088	A	A=Never
750	B	B=Seldom
829	C	C=Sometimes
592	D	D=Often
249	E	E=Very often
235		Missing

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<i>PAC19</i>		<i>Rate physical activity during leisure time compared to others of same age</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
137	A	A=Much less
529	B	B=Less
1183	C	C=The same
1181	D	D=More
463	E	E=Much more
250		Missing

<i>PAC20</i>		<i>Sweat during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1231	A	A=Never
843	B	B=Seldom
948	C	C=Sometimes
329	D	D=Often
158	E	E=Very often
234		Missing

<i>PAC21</i>		<i>Watch TV during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
103	A	A=Never
369	B	B=Seldom
1163	C	C=Sometimes
1356	D	D=Often
519	E	E=Very often
233		Missing

<i>PAC22</i>		<i>Walk during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
474	A	A=Never
686	B	B=Seldom
1341	C	C=Sometimes
728	D	D=Often
275	E	E=Very often
239		Missing

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<i>PAC23</i>		<i>Bike during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2937	A	A=Never
190	B	B=Seldom
216	C	C=Sometimes
109	D	D=Often
41	E	E=Very often
250		Missing

<i>PAC24</i>		<i>Performs light household work</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
256	A	A=Never (<once a month)
638	B	B=Sometimes (only when partner or help is not available)
545	C	C=Mostly (sometimes assisted by partner or help)
2067	D	D=Always (alone or together with partner)
237		Missing

<i>PAC25</i>		<i>Performs heavy housework</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
667	A	A=Never (<once a month)
751	B	B=Sometimes (only when partner or help is not available)
588	C	C=Mostly (sometimes assisted by partner or help)
1502	D	D=Always (alone or together with partner)
235		Missing

<i>PAC26</i>		<i>Number of persons to clean for</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3350	Range	0 - 8 (median=2 mean=1.8 std=0.8)
152	.S	Legitimately skipped
241		Missing

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<i>PAC27</i>		<i>Number of rooms to keep clean</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
68	A	A=Never do housekeeping
1715	B	B=1-6 rooms
1135	C	C=7-9 rooms
431	D	D=10 or more rooms
152	~	Legitimately skipped
242		Missing

<i>PAC28</i>		<i>Number of floors in house kept</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3334	Range	0 - 8 (median=1 mean=1.5 std=0.7)
152	.S	Legitimately skipped
257		Missing

<i>PAC29</i>		<i>Prepare warm meals</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
333	A	A=Never
883	B	B=Sometimes (once or twice a week)
777	C	C=Mostly (3-5 times a week)
1514	D	D=Always (more than 5 times a week)
236		Missing

<i>PAC30</i>		<i>Number of flights of stairs walked up per day</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1291	A	A=I never walk stairs
1470	B	B=1-5
454	C	C=6-10
291	D	D=More than 10
237		Missing

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<i>PAC31</i>		<i>Transportation used to go somewhere in hometown</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
8	A	A=I never go out
3446	B	B=Car
32	C	C=Public transportation
3	D	D=Bicycle
18	E	E=Walking
236		Missing

<i>PAC32</i>		<i>Frequency of going out to shop</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
439	A	A=Never or less than once a week
1080	B	B=Once a week
1768	C	C=Twice to four times a week
220	D	D=Every day
236		Missing

<i>PAC33</i>		<i>Transportation used to go shopping</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
20	A	A=I never go out
3456	B	B=Car
13	C	C=Public transportation
2	D	D=Bicycle
16	E	E=Walking
236		Missing

<i>PAC0c</i>		<i>Type of visit</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3743		Missing

<i>PAC34</i>		<i>Minutes walk or bike per day to/from work or shopping</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3743		Missing