“In this brief interview we want to update the information on smoking and alcohol consumption. Feel free to ask questions or have me repeat instructions if I am not being clear.”

I. SMOKING
1. Do you now smoke cigarettes?
   Yes………………………...□ Y
   No………………………..□ N

II. ALCOHOL
Frequency of alcohol consumption is determined as usual weekly intake. The serving sizes are different for beer, wine and hard liquor. Serving sizes are “12 oz. bottles or cans of beer,” “4 oz. glasses of wine” and “1 and ½ oz. shots of hard liquor.”

   “Next, I am going to ask you about your consumption of wine, beer and drinks made with hard liquor.”

2. Have you ever consumed alcoholic beverages?
   Yes………………………...□ Y
   No………………………..□ N → END FORM

3. Do you presently drink alcoholic beverages?
   Yes………………………...□ Y → GO TO ITEM 5
   No………………………..□ N
   [If the participant asks, or if the answer is not explicit, “presently” is defined as within the last 6 months.]

4. Approximately how many years ago did you stop drinking?
   □□ years → END FORM
   [Record the response in years, rounding ½ down. For example, “1 ½ years” would be recorded as 1 year. “About a half year ago” would be recorded as “0.” If the participant stopped more than once, record the years since the most recent stopping. For example, if the participant says: “The last time I quit was two years ago. The first time I quit was twenty years ago”, the response would be recorded as “2”.]
The serving sizes of wine, beer and hard liquor must be clear to the participant. For example, after asking: “How many glasses of wine do you usually have per week?”, indicate that you are referring to 4 oz. glasses and that “per week” includes the weekends. If the participant answers in terms of drinks per month, divide by four to derive the weekly intake. If the number of drinks is “half a drink” or less, record “0.” If the number of drinks is more than 99, record as “99.” “Wine” includes wine coolers, cordials and “sweet wines.” “Liquor” includes liqueurs.

5. How many glasses of wine do you usually have per week? (4 oz. glasses; round down)
   □□ □□ per week → IF 0, GO TO ITEM 6

5a. How many days in a week do you usually drink wine?
   □□ □□ days

6. How many glasses, bottles, or cans of beer do you usually have per week? (12 oz. glasses, bottles, or cans; round down)
   □□ □□ per week → IF 0, GO TO ITEM 7

6a. How many days in a week do you usually drink beer?
   □□ □□ days

7. How many drinks of hard liquor do you usually have per week? (1.5 oz. shots; round down)
   □□ □□ per week → IF 0, GO TO ITEM 8

7a. How many days in a week do you usually drink hard liquor?
   □□ □□ days

8. During the past 24 hours, how many drinks have you had?
   □□ □□ drinks
INSTRUCTIONS FOR THE SMOKING AND ALCOHOL USE (ALC) FORM

I. General Instructions

The Smoking and Alcohol Use Form is completed during the interview portion of the participant's clinic visit. The interviewer must be certified and should be familiar with and understand the document titled "General Instructions for Completing Paper Forms" prior to completing this form. ID Number, Contact Year, and Name are completed as described in that document.

All interviewers must be consistent in reading the questions clearly, and using the exact wording on the form. It is important that there be no omissions or additions in reading the questions. Do not add any interpretations. Problems should be recorded in a note log.

The interviewer must show an interest in the interview and use a pleasant, non-judgmental tone and posture. Greet the participant cordially.

In introducing the questionnaire the suggested statement follows: "Hello (Ms./Mr. participant's name). My name is ______ . In this brief interview we want to update the information on smoking and alcohol consumption. Feel free to ask questions or have me repeat instructions if I am not being clear."

II. Detailed Instructions For Each Item

1. Current cigarette use (yes/no). This does not include cigars, pipes, or other forms of tobacco consumption.

   Frequency of alcohol consumption is determined as usual weekly intake. The serving sizes are different for beer, wine and hard liquor. Serving sizes are “12 oz. bottles or cans of beer,” “4 oz. glasses of wine” and “1 and ½ oz. shots of hard liquor.”

   Read the transition statement: “Next, I am going to ask you about your consumption of wine, beer and drinks made with hard liquor.” If the participant mentions that she/he does not drink alcoholic beverages, acknowledge this in a neutral tone and mention in a polite way that you need to ask the next few questions of everybody.

2. Consumption of any alcohol EVER (yes/no).

3. Current alcohol consumption (yes/no).

4. Report the number of years that the person has not been drinking alcohol.

   Record the response in years, rounding ½ down. For example, “1 ½ years” would be recorded as 1 year. “About a half year ago” would be recorded as “0.” If the participant stopped more than once, record the years since the most recent stopping. For example, if the participant
The last time I quit was two years ago. The first time I quit was twenty years ago, the response would be recorded as “2”.

5-8. The serving sizes of wine, beer and hard liquor must be clear to the participant. For example, after asking: “How many glasses of wine do you usually have per week?” indicate that you are referring to 4 oz. glasses and that “per week” includes the weekends. If the participant answers in terms of drinks per month, divide by four to derive the weekly intake. If the number of drinks is “half a drink” or less, record “0.” If the number of drinks is more than 99, record as “99.” “Wine” includes wine coolers, cordials and “sweet wines.” “Liquor” includes liqueurs.

5. Report the number of glasses (4 oz) of any wine (white, red or rose) usually consumed per week.

6. Report the number of bottles, cans, or glasses of beer (regular or lite) usually consumed per week.

7. Report the number of drinks of hard liquor (1.5 oz shots; round down) usually consumed per week.

8. Report the number of alcoholic beverages consumed in the past 24 hours.

Close the interview by thanking the participant and save the form in the DMS.