



HCHS/SOL Anthropometry

ID NUMBER:

FORM CODE: ANT
VERSION: A 1/22/08

Contact Occasion SEQ #

Acrostic: _____

ADMINISTRATIVE INFORMATION

0a. Completion Date: / /
Month Day Year

0b. Staff ID:

Instructions: Enter the answer given by the participant for each response. If a response is unknown or cannot be measured then enter the special missing value, "=", in the item. In order to measure bioimpedence, the participant must be barefoot. Set the Tanita analyzer to report *metric* units (cm/kg).

A. DETERMINATION OF ABILITY TO STAND

- 1. Assessment of ability to stand (choose one):
- Can stand erectly on both feet. 1
- Can stand on both feet, but posture not erect. 2
- Cannot stand on both feet. 3 → **GO TO ITEM 10**

B. HEIGHT, WEIGHT, and BIO-IMPEDEANCE

- 2. Standing height (round to nearest cm): cm
- 3. a) Self-reported weight (to the nearest lb or kg):
- b) Units (check one): lb kg
- 4. Weight: kg
- 5. Fat (%): %
- 6. Impedance: Ohms
- 7. Fat mass: kg
- 8. Lean body mass (FFM): kg
- 9. Total body water (TBW): kg

C. BODY SIZE

- 10. Girth (round to nearest cm)
 - a) Waist: cm
 - b) Hip: cm