**ADMINISTRATIVE INFORMATION**

0a. Completion Date: [Month] / [Day] / [Year]  
0b. Staff ID: [ ] [ ] [ ]

**Instructions:** Enter the answer given by the participant for each response. If a response is unknown or cannot be measured then enter the special missing value, "==", in the item. In order to measure bioimpedence, the participant must be barefoot. Set the Tanita analyzer to report *metric* units (cm/kg).

**A. DETERMINATION OF ABILITY TO STAND**

1. Assessment of ability to stand (choose one):  
   - Can stand erectly on both feet.  
   - Can stand on both feet, but posture not erect.  
   - Cannot stand on both feet.  
   
   1  
   2  
   3 → **GO TO ITEM 10**

**B. HEIGHT, WEIGHT, and BIO-IMPEDEANCE**

2. Standing height (round to nearest cm): [ ] [ ] [ ] cm

3. a) Self-reported weight (to the nearest lb or kg): [ ] [ ] [ ]  
   b) Units (check one):  
      - lb  
      - kg

4. Weight: [ ] [ ] . [ ] kg

5. Fat (%): [ ] . [ ] %

6. Impedance: [ ] [ ] . [ ] Ohms

7. Fat mass: [ ] [ ] . [ ] kg

8. Lean body mass (FFM): [ ] [ ] . [ ] kg

9. Total body water (TBW): [ ] [ ] . [ ] kg

**C. BODY SIZE**

10. Girth (round to nearest cm)  
    a) Waist: [ ] [ ] [ ] cm  
    b) Hip: [ ] [ ] [ ] cm