General Instructions

The next set of questions asks about social resources such as being part of a social network, receiving support from others, and relationships with family. The goal is to determine the types of relationships participants have and their impact on health and well-being.

Read the following to participants: Now I’m going to ask some questions about your social relationships and experiences. I’ll be asking about your relationships with family, friends, and in other contexts.

SPANISH: Ahora, le haré algunas preguntas sobre sus relaciones sociales y experiencias sociales. Le preguntaré sobre relaciones con la familia, amigos y con otros.

Social Support Q1-Q12

The ISEL is a 12-item measure of perceived emotional and instrumental support obtained from others. Items include questions related to ability to rely on others for help, companionship, and advice.

Read the script exactly as it appears. Point out to participants that every question has the same four response options, which are: definitely false, probably false, probably true, and definitely true. Then proceed to read each statement and each response option. Be sure the participant has the appropriate response card. When asking these questions, you should be careful to not comment on respondent’s answers and to record answers in a non-judgmental manner. If you are asked about the meaning of specific questions, you should encourage participants to interpret questions in the way that makes the most sense to them.