



# HCHS/SOL V3-Tobacco Use (TBE)

QxQ  
0107/2020

## General Instructions

The questionnaire obtains the current and past use of tobacco as well as exposure to secondhand smoke (environmental tobacco smoke).

## QxQ Instructions

### A. Cigarette Smoking

Q1. Have you ever smoked at least 100 cigarettes in your entire life?

Ask the participant to estimate if they have smoked at least 100 cigarettes in their lifetime. If they are having difficulty estimating this number, remind the participant that a typical pack of cigarettes purchased in the US contains 20 cigarettes (5 packs=100 cigarettes). This question pertains to cigarettes only—questions about other types of tobacco use or e-cigarettes will be administered later in this questionnaire. Participants who respond No to this question are skipped to Q11.

Q2. Do you NOW smoke daily, some days or not at all?

Emphasize the word “now” when you deliver this question. The next question sets you administer are dependent on the participant response to this question. Those who respond “daily” are administered Q3; those who respond “some days” are skipped to Q4 and those who respond “not at all” are skipped to Q5.

### B. Smoke Daily

Q3. How many cigarettes do you smoke per day now?

Ask daily smokers to estimate how many cigarettes they smoke each day. If they report less than 1 cigarette per day, record “1”.

Q3a. On the days that you smoke, how soon after you wake up do you typically smoke your first cigarette of the day?

Record the time from waking to smoking the first cigarette of the day. If over 59 minutes, use the hours field to represent the first 60 minutes and then record any additional minutes needed. Then skip to Q7.

### C. Smoke Some Days

Q4. During the past 30 days, how many days did you smoke cigarettes?

Ask the occasionally smoking participant to estimate the number of days in the past 30 that they smoked cigarettes. Record a value between 0-30. If 0, skip to Q4b.

Q4a. Asks the occasional smokers to estimate daily consumption on the days they smoked in the past 30 days. If they report less than 1 cigarette per day, record “1”.

Q4b. On the days that you smoke, how soon after you wake up do you typically smoke your first cigarette of the day?

Record the time from waking to smoking the first cigarette of the day. If over 59 minutes, use the hours field to represent the first 60 minutes and then record any additional minutes needed. Then skip to Q7.

## D. Currently Smoke Not at All

Q5. How old were you when you completely stopped smoking?

Former smokers are asked to estimate the age at which they quit smoking. Round their answer to the nearest year; if they respond with a half-year or 6-month interval round their estimate up and record in the box provided (e.g., 40½ years= “41”).

Q6. What is the main reason you quit smoking cigarettes?

Former smokers are asked for the main reason they quit cigarette use. Although several of the choices may have influenced the participant to quit smoking, ask them to choose only the one which influenced them the most.

## E. Smoking Cessation Aids

Q7. Has a doctor ever prescribed any aids to help you quit smoking, such as nicotine replacement gum, the patch, or any type of medication?

Ask the participant to indicate if a doctor has ever prescribed any smoking cessation aids in any previous quit attempts. Nicotine replacement can be delivered by chewing gum or by wearing a patch on the skin which delivers the drug transdermally. Nicotine can also be delivered via nasal spray. In addition to the nasal spray, other smoking cessation aids which are only available with a doctors' prescription include Zyban and Chantix. Zyban (bupropion) and Chantix are taken in pill form. Check No if participant reports not using any doctor-prescribed smoking cessation aids. Do not include vaping as an answer here.

Q8. Have you ever used any over-the-counter aids to help you quit smoking, such as nicotine replacement gum, the patch, or any type of medication?

Ask participant to indicate if they have used an over the counter aid in any attempt to quit smoking. Nicotine replacement can be delivered by chewing gum or by wearing a patch on the skin which delivers the drug transdermally. No prescription is necessary to purchase these items. Do not include vaping as an answer here.

Q9. Have you ever used behavioral or group therapy to help you quit smoking?

Ask participant to indicate if they have used any type of behavioral or group therapy in previous attempts to quit. This includes hypnosis, acupuncture, counseling, and support groups.

Q10. Of the ENTIRE time you have or had smoked, on average how many cigarettes do you or did you smoke per day?

For all current, occasional, and former smokers, ask the participant to estimate the average number of cigarettes per day during the entire time that they smoked. Average should be computed over all days including smoking and non-smoking. This may be difficult for the participant to estimate since they must consider variations in smoking rates over years of use. Remind them that we are only interested in getting their best estimate.

## F. Products other than cigarettes

**For questions 11 through 15, refer to photo guide on the last page of this document.**

Q11. Have you ever smoked tobacco using a hookah (waterpipe), even once?

Emphasize that even smoking from a hookah one time still counts as "Yes". Those who have used this method for smoking marijuana, rather than tobacco, should answer "No". If the participant answers No, skip to Q12.

Q11a. During the past 30 days, did you smoke tobacco using a hookah (waterpipe)?

Administer this question if participant answered Yes to Q11. This question inquires about hookah use within the last 30 days. If they answer No, skip to Q12.

Q11a1. How many days they used a hookah.

This question prompts for the number of days they smoked from a hookah during the last 30 days.

Q12. Have you ever used spit tobacco, chew, dip, or "snus" tobacco (Copenhagen, Skoal, Grizzly), even once?

Emphasize that even chewing tobacco one time still counts as "Yes".  
If the participant answers No, skip to Q13.

Q12a. During the past 30 days, did you spit tobacco, chew, dip, or "snus" tobacco (Copenhagen, Skoal, Grizzly)?

Inquire about chewing tobacco use within the last 30 days. If they answer No, skip to Q13.

Q12a1. How many days they chewed tobacco.

This question prompts for the number of days they chewed tobacco during the past 30 days.

Q13. Have you ever smoked an e-cigarette or electronic cigarette (JUUL, MIG), even once?

Emphasize that even smoking from an e-cigarette one time still counts as "Yes".  
If the participant answers No, skip to Q14.

Q13a. During the past 30 days, did you smoke an e-cigarette or electronic cigarette (JUUL, MIG)?

This question is to inquire about e-cigarette use within the last 30 days.  
If they answer No, skip to Q14.

Q13a1. How many days? How many days they smoked from an e-cigarette in the past 30 days.

Q13a2. Did you use e-cigarettes or vaping to help you quit smoking cigarettes?

Q14. Have you ever smoked a cigar, cigarillo or flavored cigar (Black & Mild, Swisher Sweets), even once?

Emphasize that even smoking a cigar one time still counts as "Yes".  
If the participant answers No, go to Q15

Q14a. During the past 30 days, did you smoke a cigar, cigarillo or flavored cigar (Black & Mild, Swisher Sweets)?

This question is to inquire about cigar use within the past 30 days.  
If they answer No, skip to Q15.

Q14a1. How many days they smoked a cigar.

This question prompts for the number of days they smoked cigar during the past 30 days.

Q15. Not counting yourself, how many people currently living in your household smoke regularly in the home?

The context for this question is exposure to tobacco smoke. The participant should not count themselves if they are a smoker who smokes in the home. Check one box which indicates the number of regular smokers who smoke in the home. Note that "smoke" here (and also in Q16 and Q17) refers to burning tobacco from methods such as traditional cigarettes, cigars and pipes. Do not include hours exposed to people who are vaping or using e-cigarettes.

Q16. During the past year, how many hours per week, on average, were you in close contact with people who were smoking? This includes time at home, at work, in a car, or other close quarters.

Ask the participant to estimate the total number of hours per week spent in the presence of individuals who were smoking. (This only includes time spent around people *in the act* of smoking.) This includes time at home, work, in motor vehicles and other close quarters. There are 168 hours in a week, so you should not record a value higher than this number.

Q17. During the past 7 days, were you exposed to smoke from cigarettes, cigars, or pipes that someone else was smoking?

Ask participants to indicate if they were exposed to secondhand tobacco smoke within the last 7 days inside their home, work area, a car, or an indoor or outdoor public place.

<p><b>Cigar or cigarillo</b> (brands: Black &amp; Mild, Swisher Sweets)</p>	
<p><b>Spit tobacco, chew, dip, or moist snuff</b> (brands: Copenhagen, Skoal, Grizzly)</p>	
<p><b>Snus</b> (smokeless tobacco pouches, brands: Camel snus, General snus)</p>	
<p><b>Hookah/waterpipe</b> to smoke <u>tobacco</u></p>	
<p><b>Disposable e-cigarette</b> (brands: Aer disposables, Blu disposables)</p>	
<p><b>Rechargeable cigarette-shaped e-cigarette</b> (brands: Blu, Eonsmoke, intellicig, NJOY, JUUL, MIG)</p>	
<p><b>Vapor pen style e-cigarette</b> (brands: eGo-C)</p>	
<p><b>Large size vapor tank device</b> (brands: eGo-V, Volcano lava tube)</p>	