HCHS/SOL Weight History Questionnaire

ID NUMBER:          FORM CODE: WHE
VERSION: A   8/30/07     Contact Occasion     SEQ#

Acrostic:

ADMINISTRATIVE INFORMATION
0a. Completion Date:   0b. Staff ID:     Month   Day   Year

Instructions: Enter the answer given by the participant for each response. The special value, "Q", is allowed for cases where the response 'Don't know/refused' is not listed as an option.

Interviewer: Ask participant his/her age. Check Question 1 below if participant is under 21 years old.

Note questions may be skipped due to participant's age.

1. Under 21 years old  ☐  END QUESTIONNAIRE

These set of questions asks about your height and weight at different ages since age 21. If you don’t remember exactly, give your best guess.

2. How tall were you (without shoes on) at about age 21 (your tallest adult height)? (Provide in either centimeters OR feet and inches)
   ☐ ☐ ☐ Centimeters    OR    ☐ ☐ Feet    ☐ ☐ Inches

3. What was your weight at about age 21? (Women, when you were not pregnant) (Provide in either kilograms OR pounds, rounding to the nearest kilogram or pound)
   ☐ ☐ ☐ Kilograms    OR    ☐ ☐ ☐ Pounds

4. What was your weight at about age 45? (Women, when you were not pregnant) (Provide in either kilograms OR pounds, rounding to the nearest kilogram or pound)
   ☐ ☐ ☐ Kilograms    OR    ☐ ☐ ☐ Pounds

5 What was your weight at about age 65? (Provide in either kilograms OR pounds, rounding to the nearest kilogram or pound)
   ☐ ☐ ☐ Kilograms    OR    ☐ ☐ ☐ Pounds

6. How much has your weight changed in the last 12 months? (Provide in either kilograms OR pounds, rounding to the nearest kilogram or pound)
   ☐ ☐ ☐ Kilograms    OR    ☐ ☐ ☐ Pounds

(If no change, enter “00”  END QUESTIONNAIRE)
7. Was this change a loss or a gain? Loss 1 [ ] Gain 2 [x]

8. Did you lose/gain weight because you were trying to lose/gain weight? No 0 [x] Yes 1 [x]